

# FERNY CREEK PRIMARY SCHOOL NEWSLETTER



## DATES TO REMEMBER

### Term 1 2017

14<sup>th</sup> & 15<sup>th</sup> February – Information Evenings

17<sup>th</sup> February – Whole School Picnic

23<sup>rd</sup> February – Parent Teacher Conference

27<sup>th</sup> February – Grade 3/4 Chicken Hatching Program begins

*“Together we make a Difference!”*

## PRINCIPALS BLOG

Dear Parents and Friends,

**A special welcome is extended to all our new families attending Ferny Creek for the first time.**

**A special welcome to our newest staff members, Lisa Seymour, who will be working to support our Year 3/4 program.**

I am really looking forward to this year at Ferny Creek. This will be our third year of our 4 year strategic cycle. Staff spent a lot of time last week planning our year. At the moment we are particularly focusing on our two-week ‘A Valued Start Program’ and setting up the school structure to best deliver our Strategic Plan’s Goals in our third year. Congratulations to staff and parents for the part they have played to ensure such a smooth start to the year. The work many staff and parents did for the school over the holidays has been amazing.

The children have settled happily into their new classes and will be enjoying and benefitting from our ‘A Valued Start Program’ over the next week or so. A **very special welcome to our new Foundation students** who are starting their school life this year. Next Tuesday is the first day they are all at school for the first time. Staff are looking forward to a very exciting year of teaching and learning with all your children. We will be focusing on creating rigour and routines that will hold us in good stead for the remainder of the year. A reminder too, that we will be spending time over these days focusing on our mantra, ‘Together We make a Difference’ and our school values. Speaking of our whole school values program, we have revised our Values for this year. We are retaining our key value of respect, and introducing the values of responsibility and resilience. I will be writing a lot about these in upcoming newsletters.

As a feature of this unit of work we have again decided to hold a whole school picnic on Friday 17<sup>th</sup> February. More information will be sent

# FERNY CREEK PRIMARY SCHOOL

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Victoria 3786

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Email:  
[fernycreek.ps@edumail.vic.gov.au](mailto:fernycreek.ps@edumail.vic.gov.au)

## Banking Details

Account: Ferny Creek Primary School  
Bank: CBA  
BSB: 063 414  
Acc Number: 10022451

## Office Hours

Monday - Friday  
8.30am - 4pm

## Principal:

*Matthew Coyle*  
[coyle.matthew.j@edumail.vic.gov.au](mailto:coyle.matthew.j@edumail.vic.gov.au)

## Business Manager:

*Jill Heathcote*  
[fernycreek.ps@edumail.vic.gov.au](mailto:fernycreek.ps@edumail.vic.gov.au)

## School Council President:

*Liam Smith*

## Promotion & PR:

*Rhian Jessop*  
[fernycreek.ps@edumail.vic.gov.au](mailto:fernycreek.ps@edumail.vic.gov.au)

## Education, Policy & Planning:

*Matthew Coyle*  
[coyle.matthew.j@edumail.vic.gov.au](mailto:coyle.matthew.j@edumail.vic.gov.au)

home soon but this will be a wonderful way to get the school 'together' so soon in the school year.

## The Year Ahead

**As mentioned above. We are into Year 3 of our new Strategic Plan.** We have developed concise and specific goals, strategies and targets for the year. Our four key goals from which we develop our annual strategies are;

1. To maximise the learning growth of every student in all learning domains with a strong F-6 focus on literacy, particularly writing and spelling, and all strands of mathematics.
2. To build a rich, relevant, challenging and stimulating learning environment that promotes consistently high levels of student engagement.
3. To enhance student wellbeing and resilience in a supportive learning community that fosters the school's values and which promotes and nurtures the social, emotional and physical development of all students.
4. To optimise the allocation of resources (human, financial, time, space and materials) to maximise the learning outcomes for all students.

Our steps to achieve this are clear and are on **display in the Staffroom**. Feel free to have a read!

## Bushfire Awareness

Please be assured that the school is ready for whatever this term throws at us as far as fire risk is concerned. As was the case last year, the school will receive 4 days warning of possible closure. The final decision will be early on the fourth day and will allow us to contact all in the community and confirm that the school is closed (or not). I will also be running emergency drills in the first two weeks to ensure all staff and students understand their roles in the case of an emergency.

## Parent to Teacher Conference and Grade Level Information Evenings

A very important school activity in February is for us to communicate very clearly the expectations and goals of each grade in the school. To do this we will be having **Information Evening meetings on Tuesday 14<sup>th</sup> February for our Years 3 to 6 and Wednesday 15<sup>th</sup> February for Years 1 to 2**. We have staggered these into two times so that you have a chance that your family can be catered for. These sessions will outline all the requirements, expectations and needs for that particular year level.

You will receive, in the near future, information about our very important **Parent Teacher Conference**. We are holding this on **Thursday 23<sup>rd</sup> February**. There is great value in having parent **to** teacher information exchange sessions as the more information we gather about your children at the start of the year the quicker we can cater for their individual needs. **This is attended only if you feel you need to talk to your child's teacher about any issues that will, or may impact on their learning this year**. Our new Foundation students do not need to attend this session as you have already given our teachers detailed feedback.

## Ten Steps to teaching our students/children Resilience

Resilience is one of our new values for 2017. Our three values for this year and 2018 are Respect, Responsibility and Resilience. We ask for your support in working with us to develop these three values with

## School Crossing:

*Diane Garsed*

## Uniform Shop:

*Monday 8:50 - 9:30am*

*Karra Rhodes*

## Library:

*Beth Byrne*

## Buildings & Grounds:

*Michael Paterson*

*mpaterson@probuild.com.au*

## School Banking:

*Tuesday*

*Kirrily Whatman*

## Costume Hire:

*Sarah Jennings*

## After the Bell

*Head Office: 9758 6744*

*P. O. Box 7082*

*Upper Ferntree Gully*

*Vic 3156*

*Email: [admin@afterthebell.com.au](mailto:admin@afterthebell.com.au)*

*Website: [www.afterthebell.com.au](http://www.afterthebell.com.au)*

## NEWSLETTER SUBMISSIONS

*Deadline by Wednesday 1pm*

*Email -*

*[ferny.creek.ps@edumail.vic.gov.au](mailto:ferny.creek.ps@edumail.vic.gov.au)*

*If you would like to receive the  
Newsletter every week via email then*

**GO TO THE WEBSITE TO  
SUBSCRIBE TO ONLINE  
NEWSLETTER**

our children this year. We can all develop resilience, and we can help our children develop it as well. It involves behaviours, thoughts and actions that can be learned over time. Following are tips to building resilience.

- **Make connections**

Teach your child how to make friends, including the skill of empathy, or feeling another's pain. Encourage your child to be a friend in order to get friends. Build a strong family network to support your child through his or her inevitable disappointments and hurts. At school, watch to make sure that one child is not being isolated. Connecting with people provides social support and strengthens resilience. Some find comfort in connecting with a higher power, whether through organized religion or privately and you may wish to introduce your child to your own traditions of worship.

- **Help your child by having him or her help others**

Children who may feel helpless can be empowered by helping others. Engage your child in age-appropriate volunteer work, or ask for assistance yourself with some task that he or she can master. At school, brainstorm with children about ways they can help others.

- **Maintain a daily routine**

Sticking to a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage your child to develop his or her own routines.

- **Take a break**

While it is important to stick to routines, endlessly worrying can be counter-productive. Teach your child how to focus on something besides what's worrying him. Be aware of what your child is exposed to that can be troubling, whether it be news, the Internet or overheard conversations, and make sure your child takes a break from those things if they trouble her. Although schools are being held accountable for performance on standardized tests, build in unstructured time during the school day to allow children to be creative.

- **Teach your child self-care**

Make yourself a good example, and teach your child the importance of making time to eat properly, exercise and rest. Make sure your child has time to have fun, and make sure that your child hasn't scheduled every moment of his or her life with no "down time" to relax. Caring for oneself and even having fun will help your child stay balanced and better deal with stressful times.

- **Move toward your goals**

Teach your child to set reasonable goals and then to move toward them one step at a time. Moving toward that goal — even if it's a tiny step — and receiving praise for doing so will focus your child on what he or she has accomplished rather than on what hasn't been accomplished, and can help build the resilience to move forward in the face of challenges. At school, break down large assignments into small, achievable goals for younger children, and for older children, acknowledge accomplishments on the way to larger goals.

# We're using an app to communicate with you.

You'll be notified of our news, messages, events and other communications.

Simply download the **tiqbiz** app to your phone or tablet.

To download, search **tiqbiz** in your app store:



Android Device



iPad & iPhone



Windows Phone  
(Version 8.0 and above)

## IMPORTANT NOTE TO APPLE USERS:

*Click 'allow' notifications when asked.*

### Don't have a smartphone or tablet?

Download tiqbiz on your PC or Mac at [www.tiqbiz.com/register](http://www.tiqbiz.com/register).

To select us, follow these steps:



#### Log-in

Open **tiqbiz** and register/log-in.



#### Find

Inside the menu, click on 'Find & Tick'. Type our name into the search bar. Select us from the results.



#### Tick

Click the grey tick on the boxes that apply to you. When the tick turns green, you're connected.



#### Inbox

Click on the Inbox icon. This is where you will receive our instant messages, newsletters, notices and calendar events.

### If you need to update your class...

Click on the icon on the top right corner of your screen.



'Remove' 2016 grades and 'Add' new grades for 2017.

# tiqbiz

For technical support, please email our friendly team. Email: [team@tiqbiz.com](mailto:team@tiqbiz.com)

### • Nurture a positive self-view

Help your child remember ways that he or she has successfully handled hardships in the past and then help them understand that these past challenges help them to build the strength to handle future challenges. Help your child learn to trust themselves to solve problems and make appropriate decisions. Teach your child to see the humour in life, and the ability to laugh at one's self. At school, help children see how their individual accomplishments contribute to the wellbeing of the class as a whole.

### • Keep things in perspective and maintain a hopeful outlook

Even when your child is facing very painful events, help them look at the situation in a broader context and keep a long-term perspective. Although your child may be too young to consider a long-term look on their own, help him or her see that there is a future beyond the current situation and that the future can be good. An optimistic and positive outlook enables your child to see the good things in life and keep going even in the hardest times. In school, use history to show that life moves on after bad events.

### • Look for opportunities for self-discovery

Tough times are often the times when children learn the most about themselves. Help your child take a look at how whatever they are facing can teach them "what you are made of." At school, consider leading discussions of what each student has learned after facing down a tough situation.

### • Accept that change is part of living

Change often can be scary for children and teens. Help your child see that change is part of life and new goals can replace goals that have become unattainable. In school, point out how students have changed as they moved up in grade levels and discuss how that change has had an impact on the students.

**(American Psychologists Association, 2016)**

### Hats Reminder

As Ferny Creek is a SunSmart school, **all students are required to wear a Ferny Creek hat** every recess and lunchtime during Term 1. Hats can be purchased at the Uniform Shop or fill in an order form at our office.

### Visitor Badges

**A reminder to check in at the office when you arrive to help in classes or the playground.** It is imperative that we know who is in the school at all times.

Again, thank you for a great start to the school year. It has been wonderful to visit grades and wander around and chat to both children and parents. **I look forward to a wonderful and enriching year of learning and teaching** as well as a sense of enjoyment in being part of Ferny Creek Primary School.

*Have a wonderful week,  
Matthew*

Please note that Camps, Sports and Excursion Fund (CSEF) forms for Health Care Card Holders are available from our Office now.

If you would prefer to have your newsletter emailed to you, please advise Jill/Dana in our Office.

**extreme tennis**

TERM 1 SUMMER  
"GET INTO TENNIS"  
JUNIOR COACHING SPECIAL OFFER



ENROL FOR TERM 1 & CHOOSE EITHER OF THE OFFERS LISTED BELOW:

**OPTION A:**

Receive a 20% discount on normal junior group coaching fees - therefore the 9 week coaching course will cost you \$100.00 - (Normally \$126.00)

OR

**OPTION B:**

Receive a FREE junior racquet upon enrolment - (RRP \$30.00)

NB: This is a once a year Summer special. Offers are only valid for NEW customers not currently enrolled in lessons at an EXTREME TENNIS venue.



**2017 COACHING VENUES & DAYS:**

FERNY CREEK TENNIS CLUB – MONDAYS, THURSDAYS & FRIDAYS  
SELBY TENNIS CLUB – TUESDAYS  
UPWEY SOUTH TENNIS CLUB – WEDNESDAYS

For further enquiries or enrolments, please phone

Stuart & Diana Sutterby @ **extreme tennis**.

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**WiseOnes**

A reminder to WiseOnes families to send the enrolment form for term 1 by Friday 3<sup>rd</sup> Feb, 2017 or email Sandy at [sandyrobertson777@gmail.com](mailto:sandyrobertson777@gmail.com)

I wish to enrol my child in the unit "Philosophy for Young Minds" commencing week beginning Monday, 6th February, 2017. I give permission for a copy of this slip to be handed to the WiseOnes teacher.

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Class \_\_\_\_\_

Parents' Names \_\_\_\_\_

Mobile \_\_\_\_\_ Email: \_\_\_\_\_

My child has already qualified for WiseOnes YES/NO

I would like a free test for my child YES/NO.

**Please send this slip and payment of \$238.00 to your school by Friday 3<sup>rd</sup> February, 2017.**

# 2017 LUNCH ORDER MENU

## SANDWICHES

White, wholemeal or wrap (please indicate preference)	
*Premium leg ham	\$3.50
*Fresh free-range chicken	\$3.50
*Prime roast beef	\$3.50
*Tuna	\$3.00
*Egg	\$3.00
*Vegemite (V)	\$2.00
Toasted extra	.50
Rolls extra	.50
Salad (lettuce, tomato, cucumber)	\$1.00
Beetroot, pineapple, avocado, mayonnaise	.50

## SUSHI

*Chicken	\$4.00
*Salmon	\$4.00
*Vegetarian (V) with soy sauce	\$4.00

## HOT FOOD

Wholemeal bread rolls:	
*Hot Lean Bacon and Egg roll	\$4.50
*Hot Chicken and Gravy roll	\$5.00
*Hot Beef and Gravy roll	\$5.00
Homemade Vegie Soup with wholemeal roll	\$4.00
Chicken Schnitzel Burger	\$5.50
* With lettuce and homemade mayonnaise	
Vegie Burger	\$5.00
* With cheese, lettuce and mayonnaise	
Hamburger	\$5.00
* With lettuce, cheese and tomato sauce	
Skinless Hotdog with tomato sauce (low fat)	\$4.00
*Cheese	.50
*Bacon	.50
*Onion	.50
Homemade Pizza on a tomato sauce base	\$4.50
*Chicken, pineapple and cheese	
*Hawaiian – ham, pineapple and cheese	
*Meat Lovers – ham, salami, chicken and cheese	
*Vegetarian – seasonal fresh vegetables and cheese (V)	
Chicken Burrito – chicken, salsa and cheese	\$4.50
Hot Chicken Curry with Rice	\$5.00

Beef Lasagne – homemade beef bolognese & béchamel sauce layered between pasta & topped with cheese \$5.00

Penne Bolognese \$4.00

Macaroni Cheese (V) \$4.50

Lamb Souvlaki – leg lamb, lettuce, tomato, cucumber & garlic yoghurt \$6.00

Hot Potato with Sour Cream & Cheese \$4.00

\*Bacon .50

\*Salsa .50

Mini Homemade Sausage Rolls \$2.50

Mini Vegetable Rolls (V) \$2.00

Mini Homemade Pies & tomato sauce \$2.00

## SNACKS

Popcorn \$1.20

Gingerbread Man \$2.00

Dried Fruit Bag \$2.00

Low-fat ANZAC Biscuit \$2.00

Frozen Orange Juice Cruncher \$1.50

Cheese Cubes and Jatz Biscuits \$1.50

## DRINKS

Flavoured Milk \$3.00

\*Chocolate

\*Strawberry

\*Vanilla Malt

Fresh Fruit Juice \$2.50

\*Apple

\*Orange

\*Apple & Blackcurrant

Flavoured Mineral Water \$2.50

\*Lemonade

\*Orange

\*Lemon-Lime

**Please write child's Name, Grade, School and Order on a paper bag with correct money inside.**

**Thank you.**