

# FCPS SunSmart Policy

### Rationale:

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

### Goals:

- 1. To educate students about SunSmart protection strategies.
- 2. To encourage children and teachers to protect themselves from the harmful effects of the sun.

# **Implementation:**

- Children are required to wear School Council approved school uniform, including broad brimmed hats, which will take into account SunSmart best practice.
- Students without broad brimmed hats will be restricted to play in designated undercover areas. Students who habitually don't bring a hat may be restricted from playing outside.
- Staff will act as role models by also wearing sun hats of their own choosing, when outside. Staff can choose to wear a school supplied School Council approved school uniform hat available from the uniform store if they wish.
- Students will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Sunscreen will be provided in each classroom, and on excursions. Sunscreen will generally be applied by students themselves or with the assistance of their sunscreen buddy according to the manufacturer's directions, under the supervision of teachers. Teachers may apply sunscreen to very young or disabled students if necessary, and if written parental approval is provided. The use-by date of sunscreen will be monitored by the First Aid Coordinator and replaced when necessary.
- School Council approves students wearing close fitting UV protection wrap around AS1067 sunglasses whenever they are outside.
- On days where the anticipated temperature exceeds 38 degrees as forecast at 8.00AM, there will be a shortened lunchtime. With parent permission, students will be dismissed at 3.00PM. Normal student's supervision will take place until 3.30PM where parents are unable to make arrangements for their students from 3.00PM.
- The School Council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits.
- The school newsletter and school assemblies will be used to highlight and reinforce the SunSmart message.
- SunSmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school has been accredited as a SunSmart School by the Anti-Cancer Council of Victoria.

## **Evaluation and Review:**

This policy will be reviewed as part of the school's four year review cycle.

# **Budget:**

A program budget request is presented in term 4 of each year and is to be based on a program review for the previous budget period.

# Author/Responsibility/date:

EPP/M. Coyle/2014